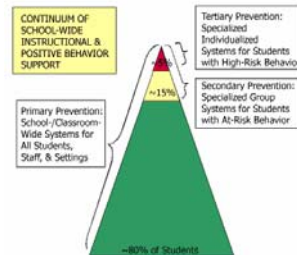


## Vermont Positive Behavioral Supports (VT-PBS) Learning Series - 09/10

(The following five learning opportunities are for individuals/schools who are exploring PBS and possible school-wide implementation for fall/2010)



### *What is PBS: A Forum on School-Wide Positive Behavioral Supports (PBS)*

*With Dr. George Sugai*

**September 30, 2009 Killington Grand Hotel**

School-Wide Positive Behavioral Supports (PBS) is a systems approach to social competence for all children. PBS is not a model, but a compilation of research-based practices, interventions and systems integrated to improve the educational experience of all students, including those with disabilities. Successful PBS implementation in a school creates operationally defined and valued outcomes using research-validated practices and a significant shift from reactive and aversive approaches to managing problem behaviors to one that is preventive and positive, resulting in both enhanced learning quality and reduced problem behaviors. **Who should attend?** Anyone is welcome. School staff are encouraged to attend as teams with a principal or assistant principal. **Fee:** \$25 per person.

### *“Getting to Readiness” Workshop for School Teams Planning to Implement PBS*

**November 19, 2009 Capitol Plaza, Montpelier**

In order to implement school-wide PBS, schools must be “ready” according to the Vermont PBS Readiness Checklist (found at [www.pbsvermont.org](http://www.pbsvermont.org)). This workshop is designed to offer readiness strategies so that school teams will meet the necessary prerequisites for implementation. The agenda will include benefits and misconceptions about PBS, the specific steps involved with school-wide PBS, strategies for staff buy-in, systems for data-based decision making and action planning for “Readiness”. **Who should attend?** Participants **must** attend as school teams including the building administrator.

**Fee:** \$45 per person.

### *First Steps in VT-PBS Implementation*

**April 1, 2010 Capitol Plaza, Montpelier**

This is an essential workshop for school teams that meet PBS “Readiness”. Participants will increase fluency in the framework of PBS, learn about the steps needed for school leadership team training and begin the process of developing their PBS Implementation Plan. **Who should attend?** School Teams that have met the PBS Readiness criteria and who are planning to attend the BEST Summer Institute for school leadership training in June. **Fee:** \$45 per person.

### *PBS School Leadership Team Training at the BEST Summer Institute*

**Monday, June 21<sup>st</sup> – Thursday, June 24<sup>th</sup>, 2010 Killington Grand Hotel**

PBS school leadership teams will learn about the processes and practices of PBS Implementation as they work together to develop a PBS Implementation Plan. The Plans focus on the creation of school-wide expectations, lesson plans for teaching expectations, practices and procedures for acknowledging expected behaviors, practices and procedures for discouraging problem behaviors, and the use of data in decision-making. **Who should attend?** Fully formed PBS School Leadership Teams that have participated in required pre-requisite activities. Teams must be approved by a state level PBS Implementation Coach in order to attend. **Fee:** \$550 per person.

**Targeted Training**  
**December 7 - 9, 2009, Hampton Inn, Colchester**  
**March 17 – 19, 2010, Lake Morey, Fairlee**

Using a school self-assessment for specialized supports, school teams will evaluate the systems that currently exist for supporting students with more intensive needs (those targeted and intensive or "yellow" and "red" students) and create action plans for strengthening or filling gaps in existing service for those students. This includes a review of current evidence-based practices and strategies for supporting these students including Behavior Education Planning (BEP), preliminary Functional Behavior Assessment (FBA), data review, and establishing localized systems for teachers and support staff to gain assistance in supporting specific students. Further training needs in selected practices for BEP, FBA, and social skills will be identified during this session and scheduled with schools at a later date. **Fee: \$165 per person.**

**VT-PBS Learning Series 09/10**  
***For schools already implementing PBS***

**Effective Discipline Systems in PBS Schools**  
***(for PBS Elementary and Middle Schools)***  
**October 14, 2009 Lake Morey, Fairlee**

In this hands-on workshop participants will learn about and discuss effective positive behavior approaches and discipline systems. They will also have the opportunity (and materials) to begin creating the components needed to implement these behavior support systems in their classrooms! **Fee: \$45 per person.**

**Intro-Life Space Crisis Intervention**  
**October 16, 2009, Hampton Inn, Colchester**

Life Space Crisis Intervention (LSCI) is an effective strategy by which teachers and others working with youth can use conflict as a springboard to insight and responsible behavior. LSCI empowers the adult to convert a conflict into a meaningful learning experience by discovering what drives behavior and defining clear outcome goals. This workshop is an introduction to LSCI within a PBS school and will describe on-going training opportunities. **Fee: \$45 per person.**

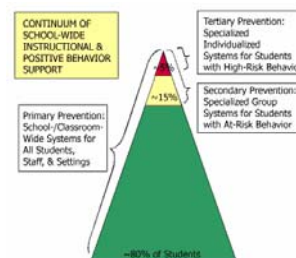
**The “Circle of Courage”: Applications to PBS & Functional Behavioral Assessment**  
**November 6, 2009, Hampton Inn, Colchester**

Participants in this workshop are actively engaged in affirming and strengthening their understanding of the basic needs that drive behavior and how such needs inform positive behavior management when applied to Functional Behavioral Assessment (FBA) and the development of Behavior Support Plans (BSP) to create a learning environment which fosters student self-discipline, responsibility and community. **Fee: \$45 per person**

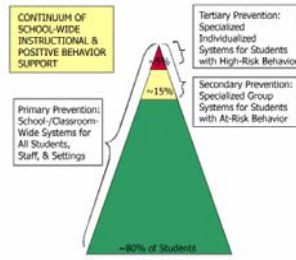
**Applying School-Wide Positive Behavior Supports (SW-PBS)**  
**in the Classroom**

**(for PBS Elementary and Middle Schools)**  
**November 9, 2009, Lyndon State College**  
**February 9, 2010, Hampton Inn, Colchester**

This workshop will offer strategies (approaches) for integrating school-wide expectations into daily classroom climate by focusing on increasing student engagement and use of social skills/self-regulation strategies throughout the day. **Fee: \$45 per person.**



**VT-PBS Learning Series 09/10**  
*For schools already implementing PBS*



**Bullying in a PBS School**

**November 13, 2009, Capitol Plaza, Montpelier**

This workshop will provide an overview of the dynamics of bullying and describe the components of a school wide bullying action plan. It will also incorporate some of the strategies of Life Space Crisis Intervention as a means of helping both the student who bullies and the student who is the target of bullies. **Fee: \$45 per person.**

**Non-Violent Crisis Intervention (CPI)**

**October 28, 2009, Capitol Plaza, Montpelier**

**December 16, 2009, Hampton Inn, Colchester**

**March 11, 2010, Lake Morey, Fairlee**

CPI teaches nonverbal and verbal strategies to prevent and de-escalate verbal acting-out behaviors, personal safety techniques to avoid client and staff injury, therapeutic physical intervention techniques using a team approach in physical control and restraint, and strategies in therapeutic post-vention. Completion of the 8-hour training leads to CPI certification. If you have already completed CPI training within the last 18 months, there is a 3 hour *CPI Refresher* to review CPI principles and strategies as well as opportunities for practice and problem solving. Completion of this training will result in re-certification. Training will be held 8:00 - 4:00 (full course), 1:00 - 4:00 (refresher). **Fee: \$45 (full course) per person; \$25 (refresher) per person.**

**Introduction to Functional Behavior Assessment**

**October 30, 2009, Capitol Plaza, Montpelier**

**January 8, 2010, Hampton Inn, Colchester**

**April 7, 2010, Lake Morey, Fairlee**

Functional Behavior Assessment (FBA) is being used in mainstream settings as a tool to change challenging behavior. Best done by individuals working closely with youth, FBA help create behavior plans that work. This workshop will provide an overview of FBA and give participants practice in doing a simple FBA and behavior plan. **Who should attend?** Anyone is welcome. School staff can attend as individuals or in teams. Special Education Teachers, School Counselors, Administrators, Behavior Specialists, Para-Educators. **PLEASE NOTE:** *This FBA training is also presented as part of the PBS Targeted School Leadership Training. A more intensive FBA training will be offered to PBS Targeted Schools in Winter, 2010.* **Fee: \$45 per person.**

Training details and registration forms will be available at [www.pbsvermont.com](http://www.pbsvermont.com) after June 15<sup>th</sup> or contact Anne Dubie at [anne.dubie@uvm.edu](mailto:anne.dubie@uvm.edu).

**Details:** Visit [www.pbsvermont.com](http://www.pbsvermont.com) after June 15<sup>th</sup>

