

Vermont Department of Education Linking Health & Learning e-Bulletin

September, 2011

We know that as a result of storm Irene several schools remain closed, and some are being used as shelters, National Guard camps, and meal sites. We can be very proud of how our communities are pitching in to help each other. Our thoughts are with all of you.

News and General Announcements

Hurricane Irene Resources

The Vermont Child Trauma Collaborative, a grant funded project between SAMHSA and the Department of Mental Health would like to introduce resources that were created by the National Traumatic Stress Network and might help school communities, parents and families deal with the aftermath of Hurricane Irene. To view the list of resources click [here](#).

Health Education Resources Center (HERC) Update

We apologize for any inconvenience, but due to a major construction project in our office, the HERC will be limited in operation for the next 6 months. ATOD, Comprehensive Health and Mental/Emotional resources ARE available for loan, but all other content area resources are NOT available (this includes nutrition, personal health, physical education, physical activity, safety and sexuality/HIV). To borrow materials contact us at DOE-HERC@state.vt.us or (802) 828-0543.

CILC Programs - Resources for Health Education

Center for Interactive Learning and Collaboration (CILC) provides video conferencing services for classrooms worldwide. CILC works with nearly 200 content providers offering over 1,300 teacher-evaluated, standards-based K-12 programs. The Health Education Resource Center is making available to the field, at no cost, CILC's on-line health education resources. Visit www.cilc.org and click on the "content provider programs" icon. To learn more and order resources, click [here](#).

Vermont YRBS Data Brief: Sexual Identity

The Vermont Department of Health has created a data brief that summarizes the recent surveillance report from the Centers for Disease Control and Prevention, *Sexual Identity, Sex of Sexual Contacts, and Health-Risk Behaviors Among Students in Grades 9-12*. To access this document, click [here](#). For more information contact Erica Edwards at (802) 863-7246.

Legislative Requirement: Cyber-bullying and Cyber-harassment

[Act 58 of the 2011 Legislative session](#) made changes to the definitions of harassment, bullying and the ability of schools to discipline students for off-campus misconduct. For more information or resources contact Barbara Crippen, Staff Attorney and Civil Rights Coordinator at (802) 828-5937 or barbara.crippen@state.vt.us.

Student Concussion Guidelines: Act 58 of 2011

Sections 39-41 of Act 58 (S.100) of 2011, directed the Vermont Department of Education to develop guidelines to assist schools in taking reasonable steps to prevent, and to minimize the effects of, school athletic team-related concussions. View the complete guidance and resources [here](#). For more information contact Mark Oettinger, General Counsel, at (802) 828-3135 or mark.oettinger@state.vt.us.

2011/2012 Free & Reduced Price Meal Applications and Resources

The meal application and guidelines for the new school year have been posted [here](#). The applications and cover letters are provided for schools to print and distribute to households. As a reminder, the Direct Certification List is updated monthly. For more information contact Cheryl Barrows at (802) 828-2447 or cheryl.barrows@state.vt.us.

Nominate Outstanding School Food Service Personnel

Deadline: September 30th

The School Nutrition Association of Vermont (SNA-VT) and Hunger Free Vermont are establishing annual awards as a new way to recognize and honor the many outstanding school food service personnel in Vermont. Please nominate an outstanding school service member in your community by September 30th. Click [here](#) for more information and nomination forms.

Vermont Safe Routes to School Resource Center

The Vermont Agency of Transportation has established the Safe Routes to School Resource Center to provide K-8 schools with the tools they need to start-up, grow, and sustain meaningful Safe Routes to School (SRTS) programs. Becoming a partner is free and available to any K-8 school. Contact Abby Mattera at abby@saferoutesvt.org or (802) 598-8651 or visit www.saferoutesVT.org.

Free Bike Skills Training Equipment Loaner Program

Local Motion is offering Vermont K-8 schools free use of resources for conducting on-bike skills trainings. Resources include: delivery and pickup of a secure trailer with 45 high-quality youth bikes in various sizes; all training equipment and supplies for conducting trainings; and a bike skills training guide. For more information, click [here](#). To reserve the trailer, contact Jason Van Driesche at jason@localmotion.org or (802) 861-2700 x109.

Driver Education Memo from Commissioner Vilaseca

Please see the Commissioner's statement [here](#). For more information contact Mike Mulcahy, General Supervision and Monitoring, at (802) 828-5108 or mike.mulcahy@state.vt.us.

DMV Reminder: Mandatory School Bus Evacuation Drill

State law (23 VSA §1285) requires school districts in Vermont to conduct school bus evacuation drills twice a year. The first drill should be done early in the school year. All students should participate in these drills. DMV inspectors will be spot checking school records to ensure compliance. For more information contact marty.dexter@state.vt.us or paul.graves@state.vt.us.

Professional Development Opportunities

Click [here](#) for a calendar of Vermont Department of Education-sponsored events.

VT Consent Campaign Fall Training Series

September 27

September 29

October 4

October 6

October 13

Lyndon, VT

Springfield, VT

Winooski, VT

Castleton, VT

Barre, VT

Vermont middle and high schools are invited to send a youth/adult leadership team to the second round of the VT Consent Campaign Train-the-Trainer; hosted by the VT Sexual Violence Prevention Task Force. This training will support school compliance with ACT 1. Interactive workshop will prepare teams to enhance and incorporate sexual consent education activities in their school communities. There is no registration cost. For complete information and to register a team, contact Bethany Pombar, Prevention Specialist at the Vermont Network Against Domestic and Sexual Violence, Bethany@vtnetwork.org, or (802) 223-1302 x103.

Let's Move in School Webinar Series

September 14, 2011 - May 9, 2012

Online

Join AAHPERD on the second Wednesday of every month for a webinar about Let's Move in School, resources to use in your school, and real life examples from those in the field. For more information and to register, click [here](#).

Fall Forum: Celebrate Vermont Farm to School Network

September 19, 2011

Randolph, VT

Join food service providers, teachers, farmers, and Farm to School advocates to share ideas and celebration plans. VT FEED will provide a packet to all attendees that includes a DVD, press release template, and other resources to make your celebrations shine. As always, you can expect to enjoy

tasty treats, time to network with other practitioners and fun activities to bring back to your school. Please RSVP to Libby McDonald at libby@nofavt.org or (802) 434-4122 by September 12th.

School Connectedness Online Training Event

September 20, 2011

Online

The first session of this yearlong, online training event will guide school teams through an exploration of CDC's [School Connectedness Strategies](#). By the end of the session, participating teams will have identified at least one strategy and supporting action step their school can employ to increase students' behavioral and academic outcomes. For information about the entire series, download the flyer from the [DOE Calendar](#). To register, click [here](#). If you have questions e-mail kate.larose@state.vt.us or call (802) 828-0565.

Online Health Educator Licensing Courses

Title: Personal and Community Health Concepts

Dates: October 1 - December 4

Register by contacting kate.oneill@vthec.org

Title: Alcohol, Tobacco & Drug Education

Dates: October 17 - December 4

Register [here](#).

School Nutrition Association Fall Conference

October 21-22, 2011

Fairlee, VT

Join your school nutrition colleagues and other community members at this conference for great workshops, a vendor show, and evening entertainment. For more details and to register, click [here](#) or contact Erika Dolan (802) 244-6100 x168 or edolan@wdsdvt.net.

Michigan Model

October 26, 2011

Montpelier, VT

Workshop participants will learn to share resources, avoid duplication and provide a focus for school health curriculum for children. This system creates a partnership between parents, schools, and communities which supports young people in making good health decisions. To register, click [here](#).

Adolescent Development and Resiliency

October 28, 2011

Montpelier, VT

Learners in this workshop will: define three transitional stages that are often critical to a youth's self-image and sense of self-worth; identify perceptions that affect the choices individuals make; explore strength-based factors that foster resiliency for all youths; review research and study case profiles; and determine youth skills that foster resiliency in culturally appropriate youth environments. To register, click [here](#).

UMatter: Schools Youth Suicide Prevention

November 2-3, 2011

Central Vermont (TBD)

This two-day training prepares middle and high school communities to respond to the mental health needs of students and prevent suicide using the Lifelines curriculum. Teams should include an administrator, school counselor or nurse, health educator, and community liaison. To register, click [here](#).

Know Your Body

November 7, 2011

Lebanon, NH

Learn to teach this comprehensive, health education curriculum for grades K-6, a skills and standards-based approach that is aligned to national health education model and conforms to Vermont grade expectations. Become familiar with the twelve modules of scaffolding concepts, knowledge and skills across grade levels and wonderful learning activities. The program stresses individual responsibility and disease preventing decisions. To register, click [here](#).

Puberty: The Wonder Years

November 21, 2011

Manchester, NH

This comprehensive, easy-to-implement standards-based curriculum is designed in three tiers with six lessons per tier. Each tier is designed to be a unit for students in one grade; thus there are lessons for three consecutive years. However, because each community is unique, the lessons can be reorganized and taught as each school district chooses. To register, click [here](#).

VTAPHERD Annual Conference

November 10-11, 2011

Stowe, VT

The annual Vermont Association for Health, Physical Education, Recreation and Dance (VTAHEPRD) conference will move to a new location for 2011. For more information and to register, click [here](#).

Health Education 101A

November 30, 2010

Montpelier, VT

This workshop (the first in a yearlong series of three) will focus on characteristics of effective health education, health education standards and research that supports the use of backwards design. For information about the entire series download the flyer from the [DOE Calendar](#). To register, click [here](#). If you have questions e-mail kate.larose@state.vt.us or call (802) 828-0565.

Grant and Funding Opportunities

Ben & Jerry's Foundation Grants

Deadline: Rolling

Ben & Jerry's Foundation, Inc. gives on a national basis, with emphasis on St. Albans, South Burlington, and Waterbury, VT. The foundation supports organizations involved with the environment, employment, health, agriculture, housing, youth citizenship, civil rights, community development, civic affairs, minorities, women, immigrants, economically disadvantaged people, and the homeless. To learn more and apply, click [here](#).

Annie's Grants for Gardens

Deadline: Rolling

Schools and non-profit organizations located in the United States are invited to apply for a limited number of small grants to community gardens, school gardens and other educational programs that connect children directly to real food. These funds can be used to buy gardening tools, seeds or other needed supplies. Please read the complete guidelines and fill out an online application [here](#).

National PTA Healthy Lifestyles Program Grants

Deadline: September 8, 2011

National PTA expects to fund up to 10 Healthy Lifestyles Grants of up to \$1,000 each. To learn more and apply, click [here](#).

Heart Rate Monitor Grant for Vermont Physical Education

Deadline: September 16, 2011

For the purchase and implementation of heart rate monitors in physical education, the Vermont Department of Education will award grants to schools serving one or more of the following grades: 7-12. At least one school will be awarded \$8,200. Eligible schools are invited to submit an application found [here](#). Please e-mail lindsay.simpson@state.vt.us or call (802) 828-1461 with your intent to apply or any questions.

Personal Responsibility in Education Program Grant

Deadline: September 28, 2011

The Vermont Department of Health (VDH) is seeking proposals from community-based organizations for implementation of the Personal Responsibility in Education Program (PREP) throughout Vermont. PREP is designed to provide comprehensive sexuality education (abstinence and contraception) to reduce the risk of pregnancy and sexually transmitted infections, including HIV/AIDS to higher-risk youth. For more information and to apply, click [here](#). Contact Ilisa Stalberg at ilisa.stalberg@ahs.state.vt.us or (802) 865-1338.

Share Your Breakfast™ Grant

Deadline: September 30, 2011

Kellogg's and Action for Healthy Kids are teaming up with money and support to get one million breakfasts to kids in need during the 2011-2012 school year with *Share Your Breakfast*™ grants. To learn more about an informational webinar on September 21st and to apply, click [here](#).

Fuel Up to Play 60 Grant

Deadline: October 1, 2011

Fuel Up to Play 60 is a competitive funding program designed to help K-12 schools jumpstart and sustain school wellness activities and initiatives. The program provides seed money - up to \$4,000 per school - which may be used for, but are not limited to, PE and foodservice equipment, nutrition education materials, and promotional incentives for students. Click [here](#) to learn more and apply.

Lowe's Toolbox for Education

Deadline: October 14, 2011

Lowe's Toolbox for Education grant program has supported thousands of grassroots community and school projects in the communities where Lowe's does business. The Fall 2011 grant cycle is now open. To apply for up to \$5000, click [here](#).

Vermont Farm to School Grants

Deadline: October 20, 2011

Since 2007 the Farm to School Grant Program has allowed schools across Vermont to create unique and sustainable Farm to School programs that nurture children's health, cultivate viable farms, and build vibrant communities. To apply for funding, click [here](#). For more information contact Koi Boynton at the Vermont Agency of Agriculture at (802) 828-2084 or koi.boynton@state.vt.us.

CVS Caremark Community Grants

Deadline: October 31, 2011

The CVS Caremark Community Grants program awards funds to nonprofit organizations targeting children with disabilities, projects that focus on healthcare to the uninsured and underserved, and to public schools. Selected organizations meeting the above criteria will be eligible to receive awards up to \$5,000. For more information and to apply, click [here](#).

To unsubscribe, or subscribe, to the Linking Health & Learning Bulletin, contact Lindsay Simpson (802) 828-1461 or lindsay.simpson@state.vt.us