

Adult Care Center: _____

CACFP Form #200A
Adult Care Weekly Meal Record
VT Department of Education
Child Nutrition Programs
Child & Adult Care Food Program

Date: _____

Breakfast Menu	Number of Adults Served	Fruit/Vegetable Component ½ cup	Grain/Bread Component 2 slices or 2 servings	Milk 1 cup	Meat/Meat Alternate (Optional)	Morning Snack Items 2 components must be served	Number of adults served

Date: _____

Lunch Menu	Number of Adults Served	Meat/Meat Alternate 2 ounces	Fruit/Vegetable Component 2 or more servings of different items to total 1 cup	Grain/Bread Component 2 slices or 2 servings	Milk 1 cup	Afternoon Snack Items 2 components must be served	Number of adults served

