

## Minimum Course of Study (MCOS)

**Instructions:** Provide a list of skills and topics, scope and sequence, outline or narrative for each of the topic areas that the student will be learning about during the course of the school year. If the student is age 13 or older at the time of enrollment, then you are not required to provide a MCOS for physical education, health and fine arts.

**MCOS Exemption:** If you have successfully completed the last two consecutive school years of home study (within the last 5 years), you are not required to submit a MCOS until the student reaches the age of 12.

**An MCOS must be submitted for every student who is age 12 (at the time of enrollment), regardless of the exemption.**

**If the student has a documented disability, the [MCOS Adaptations](#) page needs to be completed.**

Check here if the parents/guardians are providing the ongoing instruction in each subject area of the MCOS. If someone *other than the parents/guardians* is providing ongoing instruction in any subject area of the MCOS, then complete [Form C](#).

Student Name:	School Year:
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1. **Basic Communication skills, including reading, and writing, (i.e. phonics, speaking/listening, vocabulary, spelling, grammar, types of writing):**
  
  
  
  
  
  
2. **Basic Communication skills mathematics (i.e. addition, fractions, time, measurement, algebraic/geometric concepts):**
  
  
  
  
  
  
3. **Citizenship, History, and Government in Vermont and the United States (i.e. community action and local government, specific eras in history of VT, the US)**

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4. **English, American and other literature:** (i.e. genres of books, plot, responses to reading):

5. **Natural Sciences** (i.e. the scientific method, discoveries and inventions, Physical Science, Life Science, Earth and Space Science, and Engineering)

\*Topic Areas 6, 7 and 8 are only required if the student is 12 or younger at the time of enrollment.

6. \***Physical Education** (i.e. team sports, dance, martial arts, yoga, skiing)

7. \***Comprehensive Health Education including the effects of tobacco, alcoholic drinks, and drugs on the human system and on society** (i.e. first aid, human growth and development, and nutrition)

8. \***Fine Arts** (i.e. visual arts, media arts, music, dance, attend performing arts events)

For questions, please contact the Home Study Office.

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