



## Advisory Council on Wellness And Comprehensive Health

January 12, 2022, 3:30 p.m. – 4:30 p.m.

### Microsoft Teams Virtual Meeting

Call In: 1-802-552-8456

Conference ID: #683 716 687#

One National Life Drive, Room 511, Montpelier, VT 05620

### DRAFT MEETING MINUTES

**Present:** Tara Cariano, Harwood Unified Union School District; Lissa Knauss, Montpelier Roxbury School District; Stephanie Currier, North Country Union High School; Sandra Cameron, Vermont School Boards Association; Katy Culp, Castleton University

**AOE:** Jess DeCarolis, Suzanne Sprague

**Members of the public:** None

Meeting called to order at 3:32 pm

Added 2 items to the agenda - adding Jess to Council and update on the letter asking for extension on work of the council.

Sandra made a motion to accept minutes from 12/15, Katy seconded  
Can we include Jess on the Council? Katy made a motion to make Jess a fully appointed member of the council and Sandra seconded. All voted in favor.

Letter has been given to Ted Fisher, Director of Communications and Legislative Affairs at Agency of Ed. He is planning to reach out to Tara this evening. Letter can go with the draft meeting minutes this week.

Discussion of Comprehensive Health Section of LWP:

Policy is the “what”, procedures or practice are the “how”

Discussed how to streamline the language so it is not too overwhelming, but also not leave too much out to make sure certain subjects are not overlooked.

Katy - it is the content but also the skills.

Coordinated School Health group is ideally reviewing this document (nurse, school counselor, superintendent, principal,

1st column - why (legal requirement) and nothing we are going to change  
2nd column - the what is it you must do (our council's work)  
3rd column - how (resources) - stakeholders will help us add onto this

Heather - We have the capacity to ask for technical correction to the legislative language which will be more work, but not likely to revisit this legislation for a long time and that might be an argument to fix it now.

If people want to work on suggestions to make to the legislative language, Tara invited them to do so on their own time.

"To the extent practicable" is common language when there is no law making it a requirement. Smaller schools and systems that may not be able to include everything in a Health class, so including language to include lots of course content area to teach it in a more integrative approach.

Decided to pick date by which we will send sections to stakeholders

Heather - should we ask for review and feedback on a larger chunk rather than smaller sections, which would require asking several times?

Jess - we could keep working on it and send it out with a heads up about a round 2. Proposed a project plan of breaking it into chunks and assigning parts of the group to pre-review different sections and have each group report out on changes that are suggested.

Tara asked us to email her by Monday about which section we want to review and offer initial feedback on.

Katy - National Health Standards were also accepted by state a while ago and that is where the skills were included, but don't see it here.

Jess - All of that work is in a hyperlinked document called Resources, Docs, etc. just to keep the document from being too big.

Action steps -

Jess will extract nutrition information and add 2 sections of model policy language -

All - if reviewing areas and notice legal language that needs changing, please note it.

All - review the main document and let Tara know by Monday which areas we feel inclined to preview and make suggestions for the whole group on.

The meeting adjourned at 4:34 p.m.