

NSLP Afterschool Snack Service in School Year 2021-2022

Topics

- Signing Up for the Program
- Enrichment Program
- Site/Area Eligible vs. Non-Site/Area Eligible
- Staff Training
- Meal Pattern
- Documentation
- Food Safety and Sanitation
- Monitoring Visits
- Administrative Review

Basic Qualifications

- Schools must participate in the School Meals Programs, in SY21-22 this includes the Seamless Summer Option (SSO), to participate in the Afterschool Snack Service.
- Snack cannot be served until the school day is over.
- Schools must provide enrichment programming.
- Can decide to participate any time during the school year.

Operating Alongside SSO

- Per question 20 of [SP 16-2021, CACFP 14-2021 Previously Issue Questions and Answers Relating to Operation of the Child Nutrition Programs: Updated for School Year 2021-2022](#), the NSLP Afterschool Snack Service, may operate simultaneously with the SSO under the Nationwide Waiver to Allow the Seamless Summer Option through School Year 2021-2022.

School Year 2021-2022 Operation

- On April 20, 2021, USDA released the [Nationwide Waiver of Area Eligibility in the Afterschool Programs and for Family Day Care Home Providers in School Year 2021-2022](#), effective as of July 1, 2021 and in effect through June 30, 2022 which waives area eligibility in the NSLP Afterschool Snack Program.

Operating as an Area Eligible Site

- Operating as an area eligible site means that all students receive snacks at no cost and the SFA receives the free reimbursement rate for all snacks.
- If the site is not 50% or more F&R or in the attendance area of a 50% or more F&R school, then select “Attendance Area Eligible – Eligible based on another site (claim all snacks free)” and in the box “Select Site that is Area Eligible”, please enter the name of the site.

NSLP Afterschool Snack Service Intent to Participate and Program Agreement and NSLP Afterschool Snack Service List

- Complete the NSLP Afterschool Snack Service Intent to Participate and Program Agreement
- This document contains:
 - Logistical information
 - Civil rights assurance statement
 - Certification statement
- Complete the NSLP Afterschool Snack Service List
- Submit these documents to the State agency for review and approval

NSLP Afterschool Snack Service in Online School Meals Application Packet

- In your Site Application, in the Program Participation tab, check off the program and then enter the start and end times of service.
- Complete the “After School Snack Program” tab.
 - Contact Information
 - Time School Day Ends
 - Area vs. Non-Area Eligible
 - Enrichment Activities Provided

Enrichment Programming

- Enrichment program has to be offered, the child does not necessarily have to participate. Groups such as homework help or after school tutoring are common examples.
- Programs that include supervised athletic activities may participate, provided the athletic activity is open to all and does not limit membership for reasons other than space or security.

Meal Counts

- Point of Service (POS) meal counts must be taken at the time each child receives a reimbursable snack.
- Snack counts cannot be taken before the snack is served or counted after snack service is over.
- Counts based on pre-order numbers or attendance are not allowed.
- Can use electronic POS system, paper count sheet, or some form of electronic spreadsheet.

Attendance Records

- Maintain attendance records, such as sign-in sheets.
- These serve as edit checks, to prevent claiming more snacks than kids in attendance.
- Total Monthly Attendance and Average Daily Attendance reported in the monthly Claim for Reimbursement.

School Year 2021-2022 Reimbursement Rates

Rate	Area Eligible
Free	\$1.00
Reduced	N/A
Paid	N/A

Staff Training

- Often the folks operating the snack service are different than the ones working in the other meal programs, such as 21st century grant staff.
- They need to be trained on program requirements and this must be documented with names, signatures, dates, and topics covered.

Staff Training Required Topics

- Program Overview and Purpose
- Meal Counting and Claiming
- Meal Pattern Requirements
- Food Safety and Sanitation
- Civil Rights- use the Child Nutrition Programs Civil Rights Training available on the [Child Nutrition Programs Homepage](#)
- Site Logistics

“And Justice For All” Non-Discrimination Posters

- The poster must be prominently displayed where snack is served.
- To get posters, please contact Marc Grimes at
 - (802)-828-1626
 - marc.grimes@vermont.gov



NSLP Afterschool Snack Service Meal Pattern

Component	Serving Size
Milk	1 cup/8 fluid ounces
Vegetables and Fruits	$\frac{3}{4}$ cup
Grains	1 ounce
Meat/Meat Alternate	1 ounce

Milk

- Fluid milk
 - low-fat (1%) unflavored milk
 - fat-free unflavored milk
 - fat-free flavored milk
- In School Year 2021-2022, [COVID-19: Child Nutrition Response #90 Nationwide Waiver to Allow Specific School Meal Pattern Flexibility for School Year 2021-2022](#) which goes into effect October 1, 2021 through June 30, 2022, can be used to provide low-fat (1%) flavored milk.

Vegetable and Fruit Component

- $\frac{3}{4}$ cup is the serving size of fruit or vegetable
- 100% juice can fulfill the entire fruit/vegetable requirement
- Keep in mind that most pre-packaged juice comes in a 4-ounce serving size, which is only $\frac{1}{2}$ cup. The additional $\frac{1}{4}$ cup could be met by offering another serving of fruit.

Grain Component

- Grains served in the NSLP Afterschool Snack Service must be whole grain or enriched. Although, there is not a whole grain-rich requirement in the Afterschool Snack Service, we strongly encourage schools to serve whole grain-rich products.
- Ordering the same products for snack streamlines ordering and avoids the potential of accidentally serving a non-whole grain-rich item in breakfast and lunch.
- It took a great deal of effort for students to respond favorably to whole grain-rich items, it is counter-productive and confusing to get them out of that habit. Whole grain-rich products are more nutritionally sound providing the children with the fuel they need to learn, play, and grow.

Meal Pattern Reminders

- No Offer vs. Serve
- Two different components
 - For example, carrot sticks and apple slices do not constitute a reimbursable snack because both items are from the Vegetable and Fruit component
- Cannot be milk and juice (no liquid snack, needs to be more substantive)

Snack Examples

- $\frac{3}{4}$ cup strawberries and 4-ounce yogurt
- $\frac{1}{2}$ hardboiled egg and $\frac{3}{4}$ cup carrots
- 1-ounce cheese and 1-ounce equivalent crackers
- $\frac{3}{4}$ cup 100% orange juice and 1-ounce equivalent muffin
- 4 ounces (2 tablespoons) nut butter and $\frac{3}{4}$ cup apples
- 8 ounces fat-free chocolate milk and $\frac{3}{4}$ cup banana
- $\frac{3}{4}$ cup salsa and 1 ounce-equivalent tortilla chips

Non-Creditable Foods

- Non-creditable foods, such as potato chips, pudding, ice cream, gelatin, cream cheese, bacon, and fruit roll-ups cannot credit in the ASP meal pattern.
- Some non-creditable foods can be offered as extra foods, e.g., maple syrup on pancakes, salad dressing with vegetables, and condiments such as ketchup and mustard on sandwiches.

Water Availability

- Free, potable water must be made available during snack service.
- However, water is not a meal pattern component.

Documentation

- “Menu”/Production Records
- Daily Meal Counts
- Consolidated Meal Counts for Filing the monthly Claim for Reimbursement
- Attendance Records
- Monitoring Forms

All records must be saved for 3 years, plus the current year.

Food Safety and Sanitation

- Change gloves after each task, washing hands in between
- Use proper utensils for food service
- Store snacks and leftovers safely
- Wear proper hair restraints, such as hairnets or hats

Adults

- Regulations do not permit the cost for snacks served to adults to come out of the food service program budget.
- A minimum payment to cover costs should be paid by the adult or by the school or organization responsible for the programming.
- If snacks are served to adults, they must be tracked and reported in the monthly Claim for Reimbursement, although no reimbursement is provided for adult snacks.

Non-Congregate Service

- If your afterschool programming offers virtual enrichment activities, you could potentially provide snacks in a non-congregate format, such as grab and go or delivery.

Required Monitoring Visits

- Programs are required to complete a review form twice per year. The first visit must occur in the first four weeks of snack service and the second must occur prior to the end of program operation. This is not conducted by the State agency.
- This review may be conducted off-site in SY21-22.
- Even if the SFA only has one site that participates in the NSLP Afterschool Snack Service, the monitoring visits must be done.
- A representative of the school that is operating the program or a peer food service staff from another school or SU should be the monitor.
- By regulation, a Food Service Management Company (FSMC) representative cannot conduct these reviews.

Administrative Review

- During the Administrative Review, State agencies have the option to observe snack service or conduct a paperwork only review.
- We will review paperwork, including:
 - Production Records for Meal Pattern Compliance
 - Monitoring Forms
 - Daily Meal Counts based on applicable POS
- [Child Nutrition Administrative Review List SY 2021-2022](#)

VT AOE Child Nutrition Programs

NSLP Afterschool Snack Service Webpage

- <https://education.vermont.gov/student-support/nutrition/school-meals/after-school-snacks-and-meals>
- Includes Vermont NSLP Afterschool Snack Service Manual, NSLP Afterschool Snack Service 2021-2022 Training Slides, On-Site Monitoring Form for NSLP Afterschool Snack Service, NSLP Afterschool Snack Service Intent to Participate and Program Agreement and NSLP Afterschool Snack Service Site List

CACFP At-Risk After School Meals

The Child and Adult Care Food Program (CACFP) At-Risk After School Meals Program provides the option to serve a snack or supper at a school, in or in the attendance area of a school, that is 50% or more free and reduced-price eligible.

[Nationwide Waiver of Area Eligibility in the Afterschool Programs and for Family Day Care Home Providers in School Year 2021-2022](#), effective as of July 1, 2021 and in effect through June 30, 2022, waives the area eligibility requirement for this program.

For more information, please contact Becca Cochran at (802)-828-1610 or rebecca.cochran@vermont.gov.

Contact Information

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1400 Independence Avenue, SW
Washington, D.C. 20250-9410;
2. fax: (202) 690-7442; or
3. email: program.intake@usda.gov.

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