

Health and Physical Education in Vermont Schools, 2015



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Objective

Build baseline understanding of connections between PBL, flexible pathways, PLPs and national HE and PE standards.

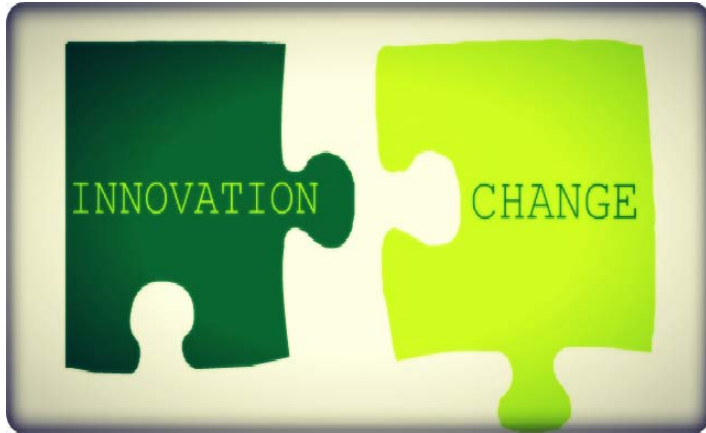


You will Need Hard Copies of:

- [SHAPE National Standards and Grade Level Outcomes for K-12 Physical Education](#)
- [National Standards for Health Education](#)
- [Vermont Education Quality Standards](#)

We highly encourage you to work with HE and PE colleagues to engage in this module.

Historical Perspective



VT Act 77 requires schools to implement:

- Flexible learning pathways, §941 pp1-3
- Personalized learning plans, §942 (10) p5
 - Plus other changes...

Education Quality Standards (EQS)

1. Working in groups, each person will select and review 1 of the following sections of EQS:

- Flexible Pathways & Personalized Learning Plans: 2120.2, p7 & 2120.4, p7
- Curriculum Content: 2120.5, p8
- Curriculum Coordination: 2120.6, p9
- Graduation Requirements: 2120.7, p9 & 2120.8, p10
- Staff: 2121.2, p12
- Needs-Based Professional Learning: 2121.3, p13

2. Share with your colleagues, key points from each section

EQS Highlights

2120.5 Curriculum Content

Each supervisory union board shall ensure the written and delivered curriculum within their supervisory union is aligned with the standards approved by the State Board of Education. Each school shall enable students to engage annually in rigorous, relevant and comprehensive learning opportunities that allows them to demonstrate proficiency in:

e. physical education and health education as defined in 16 V.S.A. §131;

g. transferable skills (including communication, collaboration, creativity, innovation, inquiry, problem solving and the use of technology).

EQS Highlights

2120.2 Flexible Pathways

Schools must provide students the opportunity to experience learning through flexible and multiple pathways, including but not limited to career and technical education, virtual learning, work-based learning, service learning, dual enrollment and early college. Learning must occur under the supervision of an appropriately licensed educator. Learning expectations must be aligned with state expectations and standards.

EQS Highlights

2120.4 Personalized Learning Plans

As required in 16 V.S.A. §941... The Personalized Learning Plan shall describe the scope and rigor of learning opportunities and support services necessary for the student to achieve college and career readiness prior to graduation, and to attain a high school diploma.

Reflecting on PBGR Work in Your SU

Has your SU:

- Adopted, revised, developed [PBGRs for HE & PE](#)
- Adopted, revised, developed [PBGRs for TS](#)
- Scoring criteria or rubrics for each HE or PE PBGR
- Scoring criteria or rubrics for TS

Explore HE & PE Standards

Think: individually, explore the HE or PE national standards, then pair & share:

- What are the instructional changes indicated by newly adopted national standards?



Health Education Standards Highlights

a) Student learning and skill progression moves up through higher ordered thinking K-12.

b) Only 1 NHE standard focuses on “content”.
Review 16 VSA 131.

Physical Education Standards Highlights

- a) Elementary: emphasis on motor skill and movement patterns for proficiency.
- b) Inclusion of nutrition standards, K-12.
- c) High school: focus on preparing graduates for lifetime physical activity and personal fitness maintenance.

HE & PE Standards Crosswalk

In groups of HE and PE professionals:

- Identify areas of overlap across standards
- Discuss opportunities for collaboration



Wrapping Up

