

Building for the Future

This facility participates in the Child and Adult Care Food Program (CACFP), a Federal program that provides healthy meals and snacks to children and adults receiving day care services.

Each day more than 3.4 million children and adults participate in CACFP at day care homes and centers across the country. Programs are reimbursed for serving nutritious meals that meet USDA requirements. The Program plays a vital role in improving the quality of day care services and making it more affordable for low-income families.

Meals

CACFP homes and centers follow meal requirements established by USDA.

Breakfast	Lunch or Supper	Snacks (Two of the five groups:)
Milk	Milk	Milk
Fruit or Vegetable	Meat or meat alternate	Meat or meat alternate
Grains or Bread	Grains or bread	Grains or bread
	Vegetable	Fruit
	Fruit	Vegetable

Participating Facilities

Many different homes and centers operate CACFP and share the common goal of bringing nutritious meals and snacks to participants. Participating facilities include:

- **Child Care Centers:** Licensed or approved public or private nonprofit child care centers, Head Start programs, and some for-profit centers.
- **Family Day Care Homes:** Licensed or approved private homes.
- **Adult Day Care Centers:** Certified public or private nonprofit and for-profit centers to provide non-residential care to adults.
- **Afterschool Care Programs:** Centers provide snacks and suppers to school-age children and youth who participate in afterschool programs.
- **Homeless Shelters:** Emergency shelters provide food services to homeless children.

Eligibility

State agencies reimburse facilities that offer non-residential day care to the following children/adults:

- Children age 12 and under,
- Migrant children age 15 and younger,
- Youths through age 18 in afterschool care programs in needy areas, and
- Adults who are 60 years and older or functionally impaired.

Contact

Information If you have questions about CACFP, please contact one of the following:

Sponsoring Organization/Center:

State Agency:

Child & Adult Care Food Program Coordinator,
Child Nutrition Programs
Vermont Agency of Education
1 National Life Drive, Davis 5
Montpelier, VT 05620-2501
802-828-1610

