

## Outside of School Hours Care Centers (OSHCC) in the CACFP

### Purpose

The Child and Adult Care Food Program (CACFP) is a federally-funded, State-administered program that provides reimbursements for nutritious meals and snacks served to eligible children and adults who are enrolled for care at participating child care centers, day care homes, and adult day care centers. In Vermont, CACFP is administered by the Vermont Agency of Education Child Nutrition Programs. The CACFP provides cash reimbursements to outside of school hours programs that operate before and after school, weekends, holidays, and during school vacations and serve meals to children under 12 years of age. Weekend-only programs are not permitted.

### Why Operate the CACFP in Outside of School Hours Care Centers (OSHCC)?

- Provides children a safe place to be with friends outside of school with supportive adults.
- Ensures hungry children have access to healthy meals beyond the school meals programs.
- Meals and snacks provide the nutrition needed for children to learn and grow.

### Eligibility Requirements

- Eligible public or private schools or qualifying for-profit childcare institutions, and other institutions which are approved to provide child care services may participate independently or under a Sponsored organization.
- Child care centers must be licensed by the Vermont Department of Children and Families (DCF).
  - Schools and other institutions do not need to be licensed but must meet health and safety codes that are required by State or local law.
- Must provide care for school-age children outside of regular school hours. Eligible programs may provide care before school, after school, on school holidays and/or during school vacation periods, including summer break. Weekend only programs may not participate.
- The Outside School Hours Program must be regularly scheduled and organized for the purpose of providing services to children. It must be distinct from any extracurricular programs organized primarily for scholastic, cultural or athletic purposes.

### Reimbursement

Outside of School Hours Care Centers may serve breakfast, snacks and suppers during periods of school operation and lunches during periods of school vacation, including weekends and

**Contact Information:** If you have questions about this document or are interested in applying to participate in the CACFP, please contact: Rebecca Cochran, Child Nutrition Programs, at [rebecca.cochran@vermont.gov](mailto:rebecca.cochran@vermont.gov) or 802-828-1610.

holidays, and to children attending schools that do not offer a lunch program.

Outside of School Hours Care Centers can be reimbursed for up to two meals and one snack or two snacks and one meal per participant per day. Reimbursement is determined by the type of meals served (breakfast, lunch/supper, or snack) and the number of participants eligible for free, reduced price, or paid meals determined by their household income.

Meal Type	Paid	Reduced Price	Free
Breakfast	.31	1.54	1.84
Lunch/Supper	.32	3.01	3.41
Snack	.08	.47	.94

### Meal Pattern Requirements

- Meals and snacks served to children, ages 1 through 18, must meet the requirements set forth in the CACFP Child Meal Pattern, including specific meal components and portion sizes.
- Meals and snacks served to infants, ages birth through 11 months, must meet the requirements set forth in the CACFP Infant Meal Pattern, including specific meal components and portion sizes.

### Child Lunch Example

- Fluid milk: 1% milk (not pictured)
- Grain: Whole-wheat bread
- Vegetable: Peas
- Fruit: Grapes
- Meat/Meat Alternate: cheese stick and peanut butter



### Recordkeeping Requirements

- Daily Attendance Documentation
- Master List
- Income Eligibility Forms
- Dated Menus
- Production Records
- Point of Service Meal Counts
- Monthly Operating Expenses
- Training Documentation
- Monitoring Reviews (Sponsors only)
  - Three times per year
- All documents must be maintained for 3 years, plus the current year (4 years)

This institution is an equal opportunity provider.