

## Seasonal Cycle Menu Crediting Notes

1	In most cases vegetable contributions to the weekly menu will be over the required amount in order to allow for inclusion of some unfamiliar seasonal vegetables.
2	Minimum daily and weekly vegetable contributions must always be adhered to.
3	Dry beans are used as a vegetable contribution unless specified as a vegetarian alternative to the main menu. Dry beans are never counted as contributing to both meat and vegetable components at the same time.
4	Any vegetable served in less than an 1/8 cup when combined/cooked with other food items in a dish such as a casserole or baked item are not credited.
5	Fruits are not specified on the menu but must be offered daily. Consult the suggested list of seasonal fruits and fruit preparations.
6	For all prepared foods consult the CN label on packaging to confirm crediting and appropriate portion size.
7	For all combined foods consult the recipe to confirm crediting and appropriate portion size.
8	For all homemade baked goods such as cornbread and muffins, check the production record and crediting chart for the ounce equivalent that the product is required to contribute to meet daily or weekly minimums. This will determine the yield from the recipe and the size of the individual product.

