

Exemplary Sexual Health Education

HIV/STD/pregnancy education • Evidence-based instruction by qualified and trained teachers • Sequential learning across school levels

North Country Supervisory Union has formally adopted sexual health curricula for use...

...in grades 6-8 including all 11 of the CDC-recommended topics

...in grades 9-12 including all 11 of the CDC-recommended topics



Sexual Health Services

HIV, STD and pregnancy testing • STD treatment • provision of condoms • provision of contraceptives • and HPV vaccine administration

North Country Supervisory Union has the following components for referral of students to sexual health services:

- ✓ Organizational partnerships, whether formal or informal, between districts and youth-friendly sexual health service providers
- ✓ A list of youth-friendly organizations to which youth can be referred for sexual health services

Percentage of students who reported using a condom during last sexual intercourse among students who were currently sexually active

60% 2013 → 49% 2017

Data from 2013 and 2017 Youth Risk Behavior Survey

Percentage of students who used birth control pills; an IUD or implant; or a shot, patch, or birth control ring (before last sexual intercourse to prevent pregnancy among students who were currently sexually active)

45% 2013 → 52% 2017

Data from 2013 and 2017 Youth Risk Behavior Survey

Safe and Supportive Environments

Brings together schools, community, parents and youth to build supportive and safe school-based environments designed to prevent bullying and violence

North Country Supervisory Union recommends or requires schools to:

- ✓ Designate a staff member to whom students can confidentially report student bullying and sexual harassment, including electronic aggression
- ✓ Use electronic or oral communication to publicize and disseminate policies, rules, or regulations on bullying and sexual harassment, including electronic aggression
- ✓ Provide information and resources to parents on preventing student bullying and sexual harassment, including electronic aggression
- ✓ Have a student-led club to create a safe, welcoming, and accepting school environment for all youth, regardless of sexual orientation or gender identity
- ✓ Give homework or health education activities to do at home with parents
- ✓ Use electronic, paper, or oral communication to inform parents about school health services and programs
- ✓ Have families help develop or implement policies and programs related to school health
- ✓ Provide parents with information about how to communicate with their child about sex
- ✓ Provide parents with information about how to monitor their child
- ✓ Involve parents as school volunteers in the delivery of health education activities and services
- ✓ Link parents and families to health services and programs in the community

Percentage of students who agree that in their community they feel like they matter to people

35% 2013 → 52% 2017

Data from 2013 and 2017 Youth Risk Behavior Survey



Success Story

One of the most exciting successes for NCSU was the hosting of the OutRightVT Annual Queer and Allied Youth Summit at the North Country Union High School. This two-day event included students marching to the local governmental building to speak publicly in support of queer and allied youth, as well as creating a physically and emotionally safe space for queer and allied youth to learn and have fun!