

## Exemplary Sexual Health Education

HIV/STD/pregnancy education © Evidence-based instruction by qualified and trained teachers © Sequential learning across school levels

### Windham Southeast Supervisory Union has formally adopted sexual health curricula for use...

...in grades 6-8 including all 11 of the CDC-recommended topics

...in grades 9-12 including all 11 of the CDC-recommended topics



## Sexual Health Services

HIV, STD and pregnancy testing © STD treatment © provision of condoms © provision of contraceptives © and HPV vaccine administration

**Windham Southeast Supervisory Union has the following components for referral of students to sexual health:**

- ✓ Organizational partnerships, whether formal or informal, between districts and youth-friendly sexual health service providers
- ✓ A list of youth-friendly organizations to which youth can be referred for sexual health services
- ✓ A written procedure for making referrals
- ✓ A written procedure for maintaining student confidentiality throughout the referral process

Percentage of students who reported using a condom during last sexual intercourse among students who were currently sexually active

**58% 2013 → 46% 2017**

Data from 2013 and 2017 Youth Risk Behavior Survey

Percentage of students who used birth control pills; an IUD or implant; or a shot, patch, or birth control ring (before last sexual intercourse to prevent pregnancy among students who were currently sexually active)

**46% 2013 → 54% 2017**

Data from 2013 and 2017 Youth Risk Behavior Survey

## Safe and Supportive Environments

Brings together schools, community, parents and youth to build supportive and safe school-based environments designed to prevent bullying and violence

**Windham Southeast Supervisory Union recommends or requires schools to:**

- ✓ Designate a staff member to whom students can confidentially report student bullying and sexual harassment, including electronic aggression
- ✓ Use electronic or oral communication to publicize and disseminate policies, rules, or regulations on bullying and sexual harassment, including electronic aggression
- ✓ Provide information and resources to parents on preventing student bullying and sexual harassment, including electronic aggression.
- ✓ Have a student-led club to create a safe, welcoming, and accepting school environment for all youth, regardless of sexual orientation or gender identity
- ✓ Give homework or health education activities to do at home with parents
- ✓ Use electronic, paper, or oral communication to inform parents about school health services and programs
- ✓ Have families help develop or implement policies and programs related to school health
- ✓ Provide parents with information about how to communicate with their child about sex
- ✓ Provide parents with information about how to monitor their child
- ✓ Involve parents as school volunteers in the delivery of health education activities and services
- ✓ Link parents and families to health services and programs in the community

Percentage of students who agree that in their community they feel like they matter to people

**46% 2013 → 59% 2017**

Data from 2013 and 2017 Youth Risk Behavior Survey

## Success Story

For the past several years, Windham Southeast Supervisory Union has assessed school climate by implementing a student survey. A Student Leadership Team reviews survey results, as well as the most recent local Youth Risk Behavior Survey data to help identify opportunities to improve school climate each year.