

Exemplary Sexual Health Education

HIV/STD/pregnancy education • Evidence-based instruction by qualified and trained teachers • Sequential learning across school levels

Southwest Vermont Supervisory Union uses sexual health curricula...

...in grades 6-8 including all 11 of the CDC-recommended topics

...in grades 9-12 including all 11 of the CDC-recommended topics

Southwest Vermont Supervisory Union



Sexual Health Services

HIV, STD and pregnancy testing • STD treatment • provision of condoms • provision of contraceptives • and HPV vaccine administration

Southwest Vermont Supervisory Union has the following components for referral of students to sexual health

- ✓ Organizational partnerships, whether formal or informal, between districts and youth-friendly sexual health service providers
- ✓ A list of youth-friendly organizations to which youth can be referred for sexual health services

Percentage of students who reported using a condom during last sexual intercourse among students who were currently sexually active

55% 2013 → 49% 2017

Data from 2013 and 2017 Youth Risk Behavior Survey

Percentage of students who used birth control pills; an IUD or implant; or a shot, patch, or birth control ring (before last sexual intercourse to prevent pregnancy among students who were currently sexually active)

45% 2013 → 44% 2017

Data from 2013 and 2017 Youth Risk Behavior Survey

Safe and Supportive Environments

Brings together schools, community, parents and youth to build supportive and safe school-based environments designed to prevent bullying and violence

Southwest Vermont Supervisory Union recommends or requires schools to:

- ✓ Designate a staff member to whom students can confidentially report student bullying and sexual harassment, including electronic aggression
- ✓ Use electronic or oral communication to publicize and disseminate policies, rules, or regulations on bullying and sexual harassment, including electronic aggression
- ✓ Have a student-led club to create a safe, welcoming, and accepting school environment for all youth, regardless of sexual orientation or gender identity
- ✓ Use electronic, paper, or oral communication to inform parents about school health services and programs
- ✓ Provide parents with information about how to communicate with their child about sex
- ✓ Link parents and families to health services and programs in the community

Percentage of students who agree that in their community they feel like they matter to people

38% 2013 → 48% 2017

Data from 2013 and 2017 Youth Risk Behavior Survey



Success Story

Southwest Vermont Supervisory Union has ensured the sustainability of grant programming through several different activities, such as the creation of a health website for all students in grades 7-12; funding Gay-Straight Alliances (GSAs) as school clubs; encouraging educators to evaluate the health curriculum; and the development of goals for the next three years by the district wellness community team.